



# Holy Family Canossian College Alumnae Association

## HFCCAA Newsletter

April 2019

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### Message from the Executive Committee for 2018-2020

We are very honoured to send you greetings as the new Executive Committee of the Alumnae Association. It is a privilege to have the opportunity to work for the Alumnae Association and to give back to the Alma Mater, under the guidance of our Advisors Mrs Ka Po Chan and Ms Anita Chan.

In our first newsletter, we interviewed Ms Cara Cheng, the Principal of HFCC, who would be sharing with us her thoughts on creating HFCC as a home of love and harmony, as well as her passion for lifelong learning.

Attributed to the support from fellow alumnae, two successful events, Mock Interview and Outstanding All-Rounder Scholarship, have been organized for the students recently. The newsletter would cover some of the wonderful moments, and meanwhile, we would like to invite alumnae to join the upcoming Annual General Meeting in May 2019.

We thank you for your participation in the Alumnae Association and look forward to meeting many of you in coming years.

Holy Family Canossian College Alumnae Association  
Executive Committee for 2018-2020:

Ada Liu	(Chairlady)
Venny Chan	(External Vice-chairlady)
Freda Lee	(Internal Vice-chairlady)
Martha Yeung	(Treasurer)
Kitty Lai	(Membership Director)
Cherry Lam	(Promotion Director)
Edith Lee	(Promotion Director)
Laura Au Yeung	(Secretary)

## Special Feature

### 'Holy Family is my Second Home' – Ms Cara Cheng

*"Thanks to the very good hardware established by my precedents, as well as their advice from the School Supervisor, I was able to quickly adapt to the new position."*

To many of our recent graduates, Ms Cara Cheng is familiar to them as their Mathematics, Science and Physics teacher. Yet, since September 2017, she has a new role as the School Principal of our Alma Mater.

Sailing as the leader of the school, Ms Cheng inherits the vision of her precedents and adheres to nurture batches of Holy Familians who are proactive in charity and humility, united in love, dynamic in learning and who have faith in actions.



*'I want them to use the gifts from God and realise how unique each and every one of them is'*

#### Proactive in Charity and Humility

Switching from a teacher to the leader of the school has been a big challenge to Ms Cheng, as her responsibility extends from educating young minds to managing the administration of the whole school.

Whilst she has to be firm when leading the school, the School Principal stresses also on following the footsteps of our Foundress, St Magdalene of Canossa, to serve with a humble heart. She thus takes the initiative to extend her care on her colleagues of their performance at work to their personal health and even, the well-being of their families, hoping that her staff will continue to be a good role model to the students. Students will then look up to their teachers in becoming self-motivated in pursuing excellence with a charitable heart on the others and the wider community.

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### United in Love

To Ms Cheng, 'United in Love' is not just the school motto but a virtue she wants to actualise in life.

Likewise, HFCC is not just her workplace since 2001 but also her second home. 'Thanks to the very good hardware established by my precedents, as well as their advice from the School Supervisor, I was able to quickly adapt to the new position,' said Ms Cheng. She is also blessed with a very helpful and considerate team of teaching staff, who share her vision of creating HFCC as a harmonious place for learning and working, a home where the love of the Holy Family profoundly experienced. Having the school motto 'United in Love' ingrained as her principle of education and administration, she has the ambition of spreading this across the school, bonding different parties of the school together as one.

### Dynamic in Learning

To Ms. Cheng, cultivating a positive attitude and passion towards lifelong learning among her students is tantamount to achieving academic excellence. 'I want them to use the gifts from God and realise how unique each and every one of them is,' the Principal remarks. She anticipates them to not simply reassure the talents from God but also utilise them to offer a helping hand to the others. Because of this drive for learning, she has pursued multiple degrees so that she can serve the school and God whenever she is needed. Through learning, she hopes that fellow Holy Familians are equipped with the knowledge and heart to always offer a helping hand to the weakest in our society, resembling the works of our Foundress.

### Faith in Action

Another quality she hopes to her students to reap through the six years of education in Holy Family is the 'Faith in Action'. 'Our girls should have faith when encountering downs in life and seek the guidance of the Holy Spirit in order to manifest the love of God on them. In fact, she has observed the exact same quality in our alumnae. Throughout the years, our graduates are generous in offering their time and effort in organising activities that enrich the school life of the current students. Their contributions are like lamps that illuminate the pathways of their younger sisters, so that the love of the Lord is seen and felt.'

For the years to come, let us keep the well-being of our school and every member in it, especially Ms Cheng, in prayers. May the grace of the Lord shine upon them and may their works glorify the name of Jesus. Holy Family is the second home of Ms Cheng, so as for the rest of us, as we know, the door of our Alma Mater is always opened, welcoming us.

## Alumnae Association Activities

### Mock Interview

The Alumnae Association and Career Guidance Team of HFCC jointly organized a half-day event, Mock Interview, for S.6 students on 3 December 2018. The Mock Interview was one of the most popular events, being attended by over 40 alumnae and around 100 S.6 students.

The event aimed to equip S.6 students with interview skills, enhance their understanding of the selected subjects and boost their confidence for the upcoming university interviews.

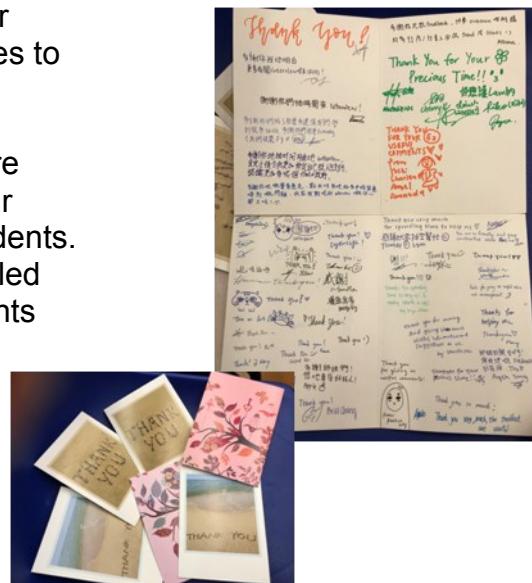
The students were divided into groups according to their preliminary JUPAS selections and were paired with an alumnae panel of a relevant background and profession. Through the individual and group interviews, our alumnae interviewers offered valuable advice on a range of aspects, from the interview attire and skills to the requirements for particular curriculums and even the challenges of the industries.

After finishing the interviews, many alumnae took some time to stroll around the school and catch up with old friends over refreshment. The event ended with the interviewers sharing their overall feedback to Career Guidance Team which would relay the key messages to students shortly.

The Mock Interview was a huge success, and we are greatly indebted to our interviewers who spared their valuable time to share their experience with the students. Following the event, some lovely thank you cards filled with sincere gratitude were received from the students who certainly had benefited from the comments of the alumnae. We do look forward to seeing many more alumnae in the future Mock Interviews.



**The Mock Interview was one of the most popular events, being attended by over 40 alumnae and around 100 S.6 students.**



## Outstanding All-rounder Scholarship

The Alumnae Association organized the Outstanding All-Rounder Scholarship every year to reward students who have achieved all-round excellence in school and acted as an example for fellow schoolmates.

As its title suggests, the Outstanding All-Rounder Scholarship recognized students whose achievements span a number of areas including academic studies, sports, culture, community service, conduct and leadership. The winners are characterized by their commitment to doing their best in all their pursuits, setting exceptional examples for the peers and willing to assist people in need.

The awarding of the Outstanding All-Rounder Scholarship is subject to the evaluation by a panel made up of the alumnae, and the evaluation for this year was carried out on 2 March 2019.

During the whole-day evaluation, the panel reviewed the profile of all 12 candidates and conducted both group and individual interviews with all of them, giving each candidate an opportunity to further present their achievements and contribution to the school and the community.

The performance of the candidates was so impressive that it took a bit of discussions among the panel to finalize the results. The Outstanding All-Rounder of this year is a worthy recipient of the Scholarship for sure.

We would like to once again express our heartfelt gratitude to the alumnae judges for their hard work and devotion to the Alma Mater. We also hope to continue with the Outstanding All-Rounder Scholarship in the future so as to encourage students to strive for the best.



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Alumnae Association)

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(hfccaa)

## Forthcoming Activity

### Annual General Meeting

We will hold the Annual General Meeting (AGM) in Holy Family Canossian College on 4 May 2019 (Saturday).

Right before the AGM will be the exciting Holy Familian Cup, a volleyball match between our alumnae and current students.

We hope that all interested alumnae can join the event, as it will be a great opportunity for fellow alumnae to network with each other and for the Executive Committee to report to members the latest development of the Alumnae Association.

Stay tuned for more details of the AGM!

## Membership

For latest news of the Alumnae Association, please visit our Facebook page:

<https://www.facebook.com/HFCCAA/>

If you have not registered as an AA member yet, you may apply now at:

<http://hfccaa.org.hk/about.html#navmembership>

If you have changed your email address and would like to receive our newsletter, you may complete the membership information form through the link available on the above page.